

## Jeff's Jiggy Twist Beetle

Hook- MFC wide gap jig #12-16

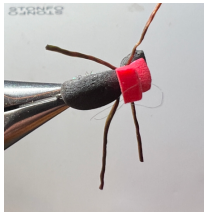
Thread- 3/0 or 6/0 black

Carapace- black 2mm foam

Body- half a strand of black McFly Foam and one peacock herl twisted together

Legs- brown flexi floss

Hi Viz Sighter- 2mm foam in Red, Orange, Chartreuse or other colors you can see well in different water and light conditions



Step one: secure the hook in the vise and cover the shank with tying thread. On this fly, using the wide gap MFC hook, I like to go down the bend of the hook to get a little more length from the body, but also to get more “shape” to the finished fly.



Step two: tie in a piece of foam that has a width about equal to the hook gap. In this case on this #12 wide gap I'm using the foam is 3/16”.

I tie down the strip of foam up the shank to where the tie down point will be later, and wrap back and forth over the foam to compress it and to secure it on the shank so it won't spin.



Step three: using half of the hank of McFly Foam and one peacock herl, cut the McFly Foam to the same length as the peacock and tie in at the bend of the hook as shown below.



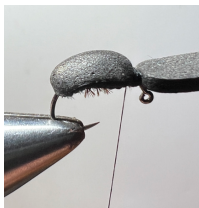
Step four: grab both the McFly Foam and the Peacock in your hackle pliers and twist counter clockwise until the McFly Foam and the Peacock form a rope.



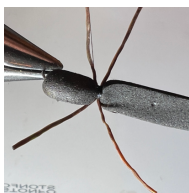
Note the hackle pliers grasping both materials together. Now they are ready to twist and I like to use a dubbing twister hook attached to the hackle pliers to speed up the twisting process.



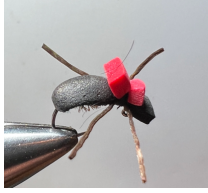
Step 5: Twist the 2 materials together and then wrap them forward to form the body. Tie off about a quarter of the way back from the eye of the hook. This will give you room for the legs and a hi-viz sighter.



Pull the carapace over the top of the body. Note the foam tie down point and how compressed and tight the thread is, and how that can be used to create a perfect tie in point for the legs and sighter. I trim the left over foam later, after the sighter is tied in.

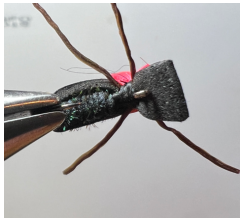


Step six: tie in the flexi floss legs on each side of the hook forming an "X". The legs are best to trim to length at the end.

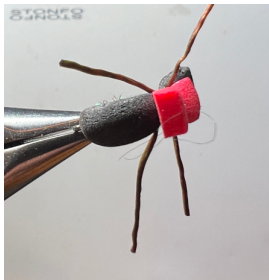


Step seven: tie in your brightly colored foam on top of the fly, making all of the wraps on top of one another and between the legs so they stay in the "X".

On a jig hook I prefer to whip finish on top of the fly right in the middle of the sighter. An extended whip finish tool will help with getting the knot tied farther back, but any whip finishing tool will work.



Step eight: put a drop of head cement on the underside thread wraps and you're all done.



The top view of the Jiggy Twist Beetle.

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