

## Jeff's Jiggy Twist Yellow Jacket

Hook- Daiichi 4647 Jig Hook #12-14

Thread- black 3/0 or 6/0

Over Body- yellow 2mm foam

Body- McFly Foam McCheese color and 2 strands of peacock herl

Wings- tan Z Lon

Legs- barred round medium rubber legs color mud brown/black

Sighter top- red 2mm foam

Markings- use a fine point black Sharpie marker



Step one: secure hook in vise and tie in a strip of 2 mm yellow foam at the bend of the hook. The width of the foam should be about equal to the hook gap.



Step two: cut a hank of McFly Foam out and divide it in half, then cut it to match the length of 2 strands of peacock herl and tie it in at the bend of the hook just in front of the foam.



Step three: with a pair of hackle pliers twist the McFly Foam and the peacock together in a counter clockwise direction until it tightens and forms the appearance of a rope.

I like to use a dubbing hook tool to assist in this twists.



\* note the dubbing hook at the end of the hackle pliers. This is not necessary but speeds up the twisting process!

Step four: wrap the McFly Foam and peacock “rope” forward to about a 1/3rd of the way back from the eye of the hook and tie down.



Step five: pull the foam over the top of the body and tie down securely with some strong thread wraps.



Step six: use your fine tip black Sharpie and apply the yellow jacket stripes over the yellow foam.



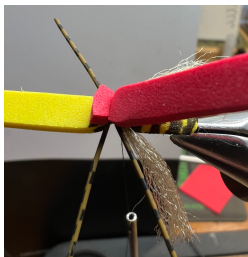
Step seven: use 2 strands of tan Z Lon and tie in the wings spent using a figure eight with your thread. Try to place the wings as far back in this thread thorax area to leave room for the legs and sighter.



Step eight: tie in the legs in an "X" pattern, placing one on each side of the hook and tying them in place carefully making sure the thread wraps stay concise.

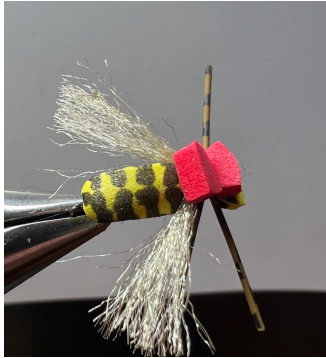


Step nine: tie in the red foam sighter top right in the middle of where the legs are tied in.



\* make sure to keep each thread wrap directly on top of the previous wrap and be careful not to spread them out here.

Step ten: trim the front foam to form a head, and trim the back foam sighter to create a nice pop of color you'll be able to see on the water.



Step eleven: whip finish over the top of the foam sighter. I prefer a large extended reach whip finish tool here, but a standard size one would work.

Step twelve: trim the wings to be slightly longer than the body, and trim the legs to be slightly shorter than the wings.

Step thirteen: apply a drop of head cement on the underside of the thread wraps.

Step fourteen: use the Sharpie marker to mark the edges of the foam at the head of the fly.



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